

The By-Pass

Triangle Area Ostomy Association



Feb 2024

OUR MISSION: TAOA strives to provide emotional and educational support for those with an intestinal or urinary diversion or who anticipate the surgery. We support The Friends of Ostomates Worldwide (FOW) by contributing ostomy supplies to be shipped to underprivileged ostomates in foreign countries.

President's Message

I'm going to keep this one short as I'm still recovering from surgery. However, I did pull myself out of bed to attend a UOAA zoom meeting for group leaders. There are some exciting things on the horizon for the UOAA!

They will be announcing more in the next month or so, but an interesting one is a partnership with The Wound Company to provide a virtual ostomy clinic. I will talk more about it at the February meeting, but if you want to check it out yourself, there is more information on the UOAA website, ostomy.org

Regards,
Dan Richards
President

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NEWS AND UPDATES

- The program for our February meeting will be provided by Lisa Ellerbe, WOC Nurse at UNC Chapel Hill. She will present "Dollar Store" Tips and Tricks for Managing Your Ostomy.
- The TAOA Board needs member support! We are currently looking for a Secretary/ Membership Coordinator.
- If you know of an event where you think TAOA would benefit from setting up an information table, please let Dan Richards know.
- If you think of a program that would be suitable for a Zoom meeting, please let Dan Richards or Stephanie Yates know.



TAOA DUES POLICY

Many thanks to all those who have paid dues for 2023-2024! TAOA sincerely appreciates your contributions.

You can still pay dues for this year. Please attach the membership form on page 5 of this Newsletter and mail your \$20 dues to our Treasurer Ruth Rhodes. You may also print a copy from our website at <https://raleighuoa.org/membership-form/> - look for the link at the top of the page.

TRIANGLE AREA OSTOMY ASSOCIATION (TAOA)

TAOA is a non profit organization dedicated to advancing ostomy health through advocacy, education, and professional interaction. We are an affiliated support group of the The United Ostomy Associations of America, Inc. Membership is open to ostomates, nurses and friends who support our mission. New members are always welcome. Please refer to the membership form on the last page.



WOC NURSES

WakeMed Raleigh, WakeMedCary,

WakeMed North

Leigh Ammons	919-350-7668
Varda Barthelemy	919-350-7668
Melanie Johnson	919-350-7668

UNC Hospital

Lisa Jenkins	984-974-0410
Lara Dupree	984-974-0410
John Motko	984-974-0410
Janet Rankin	984-974-0410
Jennifer O'Brien	984-974-0410
Stephanie O'Donnell	984-974-0410
Ann Sexton	984-974-0410
Morgan Womble	984-974-0410
Becky McElyea	984-974-0410
Colleen Spiller	984-974-0410
Lisa Ellerbe	984-974-0410

Duke Regional

Tom Hobbs	919-470-7215
Felicia Street	919-470-6145
Stephanie Greenberg	919-714-3390

Duke Raleigh Ostomy Clinic

Ronda Bowles	919-954-3446
Janet Jensen	919-954-3446
Kayla Santangelo (outpt)	919-862-5573

Duke Health

Jane Fellows	919-681-7743
Kelly Cowell	919-681-1648
Michelle Rice	919-681-2436
Angela Richardson	919-684-9954
Leanne Richbourg	919-681-6694
Katie Smith	919-681-5675
Stephanie Stokes	919-681-1785
Mary Ann Whaley	919-613-5583
Sarah Britt	919-681-4678
Lily Lane	919-681-2035
Tara Beuscher (outpt)	919-668-7008
Donna Brickman	919-525-6267

Maria Parham Hospital

Kathy Thomas	252-436-1700
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Durham VA Medical Center

Reba Giles	919-286-0411 X 6177
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Rex Hospital

Rachel Beth Breazeale	919-784-2048
Maggie Elliott	919-784-2048
Bryan Duttman	919-784-2048
Elsie Murray	919-784-2048
Kristen Cowperthwait	919-784-2048

Group Officers and Contact Info

President: Dan Richards	919-624-3075
Vice President: Mary Brown	919-782-3957
Treasurer: Ruth Rhodes	919-782-3460
Secretary: Vacant	
Newsletter: Alison Cleary	919-924-3325
Webmaster: Alison Cleary	clearyan@earthlink.net
FOW Coordinator: Jamal Sarsour	252-258-4431
Visitor Coordinator: Vacant	
Program Coordinator and Prof. Advisor: Stephanie Yates	stephaniesyates@gmail.com

All Officers are available for member support



CCFA SUPPORT GROUP

Date: Third Monday of the Month
 Time: 7:30 pm – 9:00 pm
 Place: Rex Healthcare
 Contact: Reuben Gradsky
 gutcheckrdu@gmail.com

TRIANGLE BLADDER CANCER SUPPORT GROUP

Date: Second Tuesday of the Month
 Time: 7 pm – 8:30 pm
 Place: SECU Family House,
 123 Old Mason Farm Road
 Chapel Hill, NC 27517
 Contact: Ritchie Briggs
 919-493-0551
 trianglebcs@gmail.com
 www.trianglebcs.com

The Triangle Area Ostomy Association provides support for ostomy patients, caregivers, survivors and families. If you or someone you know needs assistance or support, please see the list of officers on page 2 to reach out and we will help you find the appropriate contact.

For more information about the Triangle Area Ostomy Association go to www.raleighuoa.org or look for Triangle Area Ostomy Association on Facebook.

DISCLAIMER: Articles and information appearing in this newsletter are not necessarily endorsed by the Triangle Ostomy Association and may not be applicable to every individual. Always consult your physician or WOC Nurse for all medical advice.

Research Survey

From UOAA (www.ostomy.org): Articles to Share
Content For Your Newsletter

Attention individuals with all types of ostomies, I want to hear from you! My name is Teresa K. Novy, I am a practicing certified Wound and Ostomy Nurse in Central Illinois.

I have noted barriers to patients' ostomy education. I currently work in a hospital setting and I have received feedback from patients who wished they had learned more about their ostomy care before, during, and after their ostomy surgery. They report really lacking that basic information that we know they deserve and need to be successful. I want to look at improving this, so I am initiating a survey of ostomates all over the U.S. to get their perspective.

I am seeking to learn more about the education you received prior to and following your ostomy procedure and what you think is important for individuals who undergo the procedure in the future. If you want to participate in this research study which includes the following anonymous survey, hover over the QR code or click the link to answer the questions. This survey will take between 10 and 15 minutes to complete.

Survey Link: <https://bit.ly/3SqUubl>

If you have any questions, you can email me at: tknovy@ilstu.edu
Respectfully, Dr. Teresa K. Novy DNP, GERO-BC, CNEcl, CWON



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The CeraPlus skin barrier comes in a range of fit options including one-piece, two-piece, flat, firm convex, soft convex, tape border, and tapeless.

Prior to use, be sure to read the Instructions for Use for information regarding Intended Use, Contraindications, Warnings, Precautions, and Instructions.
¹ Consumer Survey of Pruritus, Hollister Incorporated, 2019. Data on file.
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MINUTES TAOA MEETING JAN. 2, 2024

This Zoom meeting began at 7:00 PM. Social conversation was enjoyed by all. President, Dan Richards, opened the meeting at 7:30 PM welcoming 22 attendees.

A large assortment of 'Fresh Market' cookies was delivered to the WOCN staff at Rex Hospital. Our Christmas gift was in appreciation for their service of printing our monthly Newsletter. Their service is greatly appreciated!

Jamal has received two large donations of supplies to be shipped to FOW. Dan has also mailed donated supplies recently.

Theresa Johnson was introduced as our guest speaker. Theresa, her husband & brother founded the company, Stomagienics. They provide useful products that provide control of leakage when applying an ostomy appliance. To receive product information and/or samples, contact theresa.johnson@stomagienics.com We appreciate Theresa's informative session.

Our positive thoughts will be with Dan when he has surgery on Friday January 5, 2024. We wish him a successful recovery.

Join TAOA on Zoom for our February 6th meeting at 7:00 PM. Lisa Ellerby will reveal useful tips & tricks for the ostomate.

This meeting adjourned at 7:30 PM.

Respectfully submitted,
Ruth Rhodes, Sec./Treas.



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Duke Raleigh Hospital Ostomy Clinic

The Duke Raleigh Hospital Ostomy Clinic offers information, help, and support for those living with a stoma.

Schedule an appointment with a certified ostomy nurse: 919-954-3446

Location:
3404 Wake Forest Rd. Suite 303
Raleigh, NC 27609



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TAOA MEMBERSHIP FORM

PLEASE PRINT LEGIBLY

Name: _____ Date: _____

Address: _____ Spouse: _____

_____ Zip: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____

Receive Newsletter via: Email US Mail

Year of Surgery: _____

Type of Ostomy: Colostomy Ileostomy Urostomy (Ileal conduit)

Other: _____ Support/No Ostomy

Comments (cont. on reverse side) _____

Active Membership: Member for UOAA/TAOA. Annual Dues \$20.00.

Courtesy Membership: Cannot afford dues at this time. (Confidential)

Affiliate Membership. WOCN's & Prof. Associates. Dues exempted.

IMPORTANT: ALL CHECKS MUST BE PAYABLE TO TAOA.

Enclosed: \$20.00 Dues Pay to TAOA Cash Check Money Order

Donation (optional) \$ _____ For our support of FOW.



Mail payment with this completed form to:

Ruth Rhodes, Sec./Treas./ 8703 Cypress Club Drive/Raleigh, NC, 27615

8703 Cypress Club Drive
Raleigh, NC 27615



OUR THANKS TO

FOR PROVIDING THE PRINTING OF
THIS NEWSLETTER

NEXT MEETING: The February meeting program is "Dollar Store" Tips and Tricks for Managing Your Ostomy.
HOSTED BY: Lisa Ellerbe, WOC Nurse at UNC Chapel Hill.

